

Decoding Infertility Language

Below are some commonly used acronyms, abbreviations and infertility slang.

- 2WW: two-week wait; the time between ovulation and period

A

- AAMOF - As A Matter Of Fact
- ACA - Anti-Cardiolopin Antibodies
- ADN - Any Day Now
- AF: Aunt Flo (menstruation)
- AH,AZH - Assisted Hatching
- AHI - At-home Insemination
- AI - Artificial Insemination
- AIH - Artificial Insemination from Husband
- AKA - Also Known As
- AO - Anovulation
- AOA,AVA - Anti-ovarian Antibody
- ART - Assisted Reproductive Technology
- ATM - At The Moment
- AWOL - A Woman On Lupron

B

- B4 - Before
- B4N - Before Now
- BA - Baby Aspirin
- BABYDUST - Good wishes vibe for getting pregnant
- BBL - Be Back Later
- BBT - Basal Body Temperature
- BBS: Breasts
- B/C - Because
- BC - Birth Control
- BCP - Birth Control Pills
- BD - Baby Dance (intercourse)
- BF - Breastfed, Boyfriend
- Beta: blood work pregnancy test
- BFN - Big Fat Negative (Negative Pregnancy Test)
- BFP - Big Fat Positive! (Positive Pregnancy Test)
- BIL - Brother In-law
- BTW: by the way

C

- C# - Cycle Number
- CB - Cycle Buddy
- CD - Cycle Day
- CF - Cervical Fluid
- CM - Cervical Mucus
- CP - Cervical Position
- CNM - Certified nurse midwife

D

- DA - Dear/darling Angel
- DB: Dear/Darling Boyfriend DH - D&C:
- Dilation & Curettage
- DD - Dear/darling daughter
- DE: Donor Eggs
- DH: Dear/darling Husband
- DI: Donor Insemination
- DP - Dear/darling Partner
- DS - Dear/darling Son
- DSD - Dear Step-Daughter
- DSS - Dear Step-Son
- D&C - Dilation & Curettage
- D&E - Dilation & Evacuation
- DOR: Diminished Ovarian Reserve
- DP3DT: Days Post 3-Day Transfer
- DPC - Days Since Last Clomid pill was taken
- DPO - Days Post-Ovulation
- DPIUI: Days past IUI
- DPR - Days Post-Retrieval
- DS: dear/darling son; also, donor sperm
- DPT - Days Post-Transfer
- Dx - Diagnosis

E

- E2 - Estradiol
- EB,EMB - Endometrial Biopsy
- EDD - Estimated Due Date
- ENDO - Endometriosis
- EG - Evil Grin
- ENDO: Endometriosis
- EOD - End Of Discussion
- EPO - Evening Primrose Oil
- EPT - Early Pregnancy Test
- ER - Egg Retrieval
- ESP - Especially
- ET - Embryo Transfer
- EW, EWCM - Egg white Cervical Mucus

F

- FET - Frozen Embryo Transfer
- FF: Fertile Friend
- FHR - Fetal Heart Rate
- FIL - Father in law
- FM: Fertile Mucus or Fertility Monitor
- FP - Follicular Phase
- FSH - Follicle Stimulating Hormone
- FBOW - For Better Or Worse
- FRER - First Response Early Result (hpt)
- FUR - False Unicorn Root
- FYA - For Your Amusement
- FYI - For Your Information
- FTTA: Fertile Thoughts To All
- FV: Fertile Vibes
- Fx: Fingers crossed

G

- G - Grin
- GAFIA - Get Away From It All
- GAL- Get A Life
- GFY - Good For You
- GG- Gotta Go
- GIFT - Gamete Intra-fallopian Transfer
- GMATA - Great Minds Think Alike
- GnRH - Gonadotropin Releasing Hormone
- GP - General Practitioner

H

- HAGD - Have A Great Day
- HAND - Have A Nice Day
- hCG/HCG - Human Chorionic Gonadotropin
- hMG/HMG - Human Menopausal Gonadotropin
- HPT - Home Pregnancy Test
- HRT - Hormone Replacement Therapy
- HSC - Hysteroscopy
- HSG - Hysterosalpingogram
- HTH - Hope That Helps
- HUTH - Hang Up The Horns

I

- IAC - In Any Case
- IAE - In Any Event
- ICI - Intra-cervical Insemination
- ICSI - Intra-cytoplasmic Sperm Injection
- ICBW - I Could Be Wrong
- IDTT - I'll Drink To That
- IF: Infertility
- IIRC - If I Recall Correctly
- IM - Instant Message (Instant Messaging)
- IF - Infertility
- IMAO - In My Arrogant Opinion
- IMBO - In My Biased Opinion
- IMCO - In My Considered Opinion
- IME - In My Experience
- IMHO - In My Honest/Humble Opinion
- IMNSHO - In My Not So Humble Opinion
- IMO - In My Opinion
- INPO - In No Particular Order
- IOW - In Other Words
- IPS: Imaginary pregnancy symptoms
- IRL - In Real Life
- ITI - Intra-tubal Insemination
- IUI - Intra-uterine Insemination
- IVC: Intra-vaginal Culture
- IVF - InVitro Fertilization
- JIC - Just In Case
- J/K - Just Kidding
- JMO - Just My Opinion
- JTYWLTK - Just Thought You Would Like To Know

K

- KISS - Keep It Simple Sweetheart (Stupid)
- KUP - Keep us posted
- KWIM - Know What I Mean

L

- LAP - Laparoscopy
- LH - Luteinizing Hormone
- LMP - Last Menstrual Period (start date)
- LMAO - Laughing My Ankles (A**) Off
- LMBO - Laughing My Butt Off
- LO - Love Olympics (sex)
- LOL - Laugh Out Loud
- LP - Luteal Phase
- LPD - Luteal Phase Defect
- LSP - Low Sperm Count
- LUF,LUFS - Luteinized Unruptured Follicle Syndrome

M

- MC, m/c, misc.: Miscarriage
- MF - Male Factor
- MGSBYW (May God Send Baby/Blessings Your Way)
- MIFT - Micro Injection Fallopian Transfer
- MIL - Mother in law
- M/S, MS - Morning Sickness

N

- NA (N/A) - Not Applicable, Not Appropriate
- NAK - Nursing At Keyboard
- Newbie - New to the Internet or Bulletin Board
- NFP - Natural Family Planning
- NIPing - Nursing In Public
- NMP - Not My Problem
- NP - No Problem
- NPI - No Pun Intended
- NRN - No Reply Necessary
- NT - No Text

O

- O - Ovulation, Ovulated
- OB - Obstetrician
- OB/GYN - Obstetrician/Gynecologist
- OC - Oral Contraceptives
- OD - Ovulatory Dysfunction
- OHSS - Ovarian Hyperstimulation Syndrome
- OHT - One-Handed Typing
- OIC - Oh I (C) See
- OMG - Oh My God OP - Other Poster/Original Poster
- OPK: Ovulation Predictor Kit
- OPT: Ovulation Predictor Test
- OT - Off Topic
- OTOH - On The Other Hand
- OTS - Off The Subject
- OTC - Over The Counter

P

- PPAF - Post partum Aunt Flo
- PCO - Polycystic Ovaries
- PCOD - Polycystic Ovary Disease
- PCOS - Polycystic Ovary Syndrome
- PCP - Primary Care Physician
- PCT - Post Coital Test
- PG - Pregnant
- PID - Pelvic Inflammatory Disease
- PMS - Pre-menstrual Syndrome
- POAS - Pee on a stick (Home Pregnancy Test)
- PPL - People
- PTL - Praise The Lord
- PU - That Stinks
- P4: Progesterone
- PGD: Pre-implantation Genetic Diagnosis
- PI: Primary Infertility
- PIO: Progesterone in Oil
- PMS: Premenstrual Syndrome
- QQ: quick question

R

- RE - Reproductive Endocrinologist
- R-FSH, R-hFSH: Recombinant Human Follicle Stimulating Hormone
- RI - Reproductive Immunologist
- RPL: Recurrent Pregnancy Loss
- Rx - Prescription

S

- SA - Semen Analysis
- SAHD - Stay-At-Home Dad
- SAHM - Stay-At-Home Mom
- SART: Society of Assisted Reproductive Technology
- SB - Step-Brother
- SBT - Sad But True
- SD - Step-Daughter / Step-Dad
- SFAIAA - So Far As I Am Aware
- SF - Step-Father
- SFMP - Sorry For Multiple Posts
- SHG - Sonohysterogram
- SI: Secondary Infertility
- SIL - Sister in law
- SOIA! - Sick of it all!
- SITD - Still In The Dark
- SM - Step-Mom (Mother)
- SMEP - Sperm Meets Egg Plan
- SNS - Supplemental Nursing System
- SO - Significant Other
- SS - Step-Son / Step-Sister
- STD - Sexually Transmitted Disease

T

- TAFT - That's A Frightening Thought
- TAYL - Talk At You Later
- TCOYF - Taking Care of Your Fertility
- TET: Tubal Embryo Transfer
- TFIC - Tongue Firmly In Cheek
- THX - Thanks
- TIA- Thanks In Advance
- TIC - Tongue In Cheek
- TIME - Tears In My Eyes
- TMI - Too Much Information
- TOH - typing one-handed
- TPTB - The Powers That Be
- TR - Tubal Reversal
- TRH: Thyroid Releasing Hormone
- TSH: Thyroid Stimulating Hormone
- TTC - Trying To Conceive
- TTFN - Ta-Ta For Now
- TTYL - Talk To You Later
- TTYS - Talk To You Soon
- TWIMC - To Whom It May Concern
- TWW - Two week wait (also 2WW)
- TY - Thank You
- TYVM - Thank You Very Much
- Tx - Treatment

U

- UR - Urologist
- US, u/s: Ultrasound
- UTI - Urinary Tract Infection

V

- V: Vasectomy
- VR: Vasectomy Reversal
- WAHD - Work-At-Home-Dad
- WAHM - Work-At-Home-Mom
- WB - Welcome Back
- WFM - Works For Me
- WBC: White Blood Cells
- WEG - Wicked Evil Grin
- W/O - Without
- WNL - Within Normal Limits
- WOHM - Work Out of Home Mom
- WRT - With Regard To
- WTG - Way To Go
- WTH - What The Heck??
- WU? - What's Up?
- WYSIWYG - What You See Is What You Get

Z

- ZIFT - Zygote Intra-fallopian Transfer